

FASD Interventions Sheet

Evidence Informed Program	Access	FASD Specific
Zones of Regulation	https://zonesofregulation.com/index.html	✓
Math Interactive Learning Experience (MILE)	http://msacd.emory.edu/Research/MILE.html	✓
GoFar	http://msacd.emory.edu/Research/GOFAR.html	✓
Parents and Children Together (PACT)	https://www.cebc4cw.org/program/parents-and-children-together-pact/	✓
Families Moving Forward	https://familiesmovingforwardprogram.com/	✓
Good Buddies	https://alaskacenterforfasd.org/wp-content/uploads/2020/07/Good-Buddies-Trainer-Workbook-final.pdf-5-14.pdf	✓
Guided Growth: Educational and Behavioral Interventions for Children and Teens with FASDs and Early Trauma	https://www.ntiupstream.com/ https://pubmed.ncbi.nlm.nih.gov/22251828/	✓
Parent-Child Interaction Therapy (PCIT)	pcit.org	
Parenting Through Change	https://www.cebc4cw.org/program/parenting-through-change/detailed https://www.generationpmto.org/	
The Incredible Years	https://incredibleyears.com/programs	
Attachment and Biobehavioral Catch-up (ABC)	http://www.abcintervention.org/	
The National Child Traumatic Stress Network	nctsn.org	
CDC Medication Guidance	https://www.cdc.gov/ncbddd/fasd/treatments.html	✓
AAP Medication Guidance	https://www.aap.org/en/patient-care/fetal-alcohol-spectrum-disorders/pharmacologic-interventions-in-fetal-alcohol-spectrum-disorders/	✓

Resources for Parents

Resource	Access
FASD United Parent Resource Page	https://nofas.org/parents/
Proof Alliance Parent Guide	https://www.proofalliance.org/wp-content/uploads/2021/08/Strategy-guide-Parent-Advocacy-Toolkit.pdf
Legal Checkup: A Resource for Parents of Children with Disabilities from Birth to 21 in Minnesota	https://www.proofalliance.org/wp-content/uploads/2021/08/Strategy-guide-Legal-check-up.pdf
8 Magic Keys was developed by Deb Evensen and Jan Lutke	https://www.fasdoutreach.ca/resources/all/0-9/8-magic-keys
All About Me: A parent education program to help understand brain differences in children with FASD	http://www.fasdnetwork.org/uploads/9/5/1/1/9511748/all_about_me..pdf
The Mystery of Risk: Drugs, Alcohol, Pregnancy, and the Vulnerable by Ira J. Chasnoff MD	Book: https://www.barnesandnoble.com/w/mystery-of-risk-ira-j-chasnoff/1100310284
Parenting Children Affected by Fetal Alcohol Syndrome: A Guide for Daily Living (British Columbia, Canada)	https://www.dfps.state.tx.us/Adoption_and_Foster_Care/pdf/fas-2.pdf
Let's Talk FASD: Parent Driven Strategies in Caring for Children with FASD	https://www.fasdoutreach.ca/resources/all/l/lets-talk-fasd-parent-driven-strategies-in-caring-for-children-with-fasd
Fetal Alcohol Spectrum Disorder: an Australian toolkit for parents, caregivers and families	https://www.nofasd.org.au/wp-content/uploads/2021/02/NOFASD-Parent-Carer-Toolkit-2021.pdf